

Thinking About Thinking: Problem-Solving Tool

<p>Make a plan:</p> <ul style="list-style-type: none"> • <i>What should I do first?</i> • <i>How is this task similar to other tasks I have worked on before?</i> • <i>What do I have in my toolbox that might help me with this task?</i> 	<p>My plan:</p>
<p>Monitor:</p> <ul style="list-style-type: none"> • <i>Am I on the right track?</i> • <i>What should I do next?</i> • <i>What have I tried so far that has not been helpful in working on this task?</i> • <i>Should I try something different?</i> • <i>Am I stuck? How do I know?</i> • <i>If I'm stuck, have I:</i> <ul style="list-style-type: none"> ○ <i>Talked to a friend?</i> ○ <i>Looked at my book/resources?</i> ○ <i>Tried a different strategy?</i> ○ <i>Reread the problem?</i> ○ <i>Revisited my initial plan?</i> ○ <i>Tried to solve a simpler, but similar problem?</i> ○ <i>Tried working backwards?</i> 	<p>Strategies I've used to solve the problem:</p> <hr/> <p>Place in the problem where I was confused, hesitated, or got stuck:</p> <hr/> <p>Strategies and resources I used to get unstuck:</p>
<p>Evaluate:</p> <ul style="list-style-type: none"> • <i>How well did I do?</i> • <i>What could I have done differently?</i> • <i>Are there things I still don't understand?</i> • <i>What can I do to fix my understandings?</i> • <i>How can I use this approach on other tasks?</i> • <i>How did I get "unstuck"?</i> 	<p>Self-evaluation:</p>
<p>Loop back:</p> <ul style="list-style-type: none"> • <i>Did things work out as I expected?</i> • <i>Do I need to make a new plan?</i> • <i>How will my new plan be different from my old plan?</i> 	<p>My new plan:</p>